

# Visible Hand Piecing with Heidi Parkes - Supply List

You can see further details about all of [my favorite sewing supplies](#) here on my website. For this class, you'll need:

- **Fabric** I'd suggest using anywhere from **2' x 2' to 5' x 5'** of a **solid fabric**. A solid background fabric allows you to see the impact of the visible hand piecing. Also bring scraps or other fabrics to piece or applique onto your base fabric. Any colors, sizes, and shapes are welcome!
- **Thread** I prefer pearl cotton size 8. Use a color that is high-contrast with your fabric.
- **Needle** I like Dritz milliners
- **Pushing thimble** to protect your fingers while sewing (I LOVE the Clover Protect and Grip Thimble, which is in [my Amazon Shop](#))
- **Pulling thimble** or gripper (I LOVE the Little House Needle Gripper Silicone Thimble, which I purchase from Snuggly Monkey. Use this [\\$5 discount code from me.](#))
- **Safety Pins**
- **Straight Pins** and/or applique pins
- **Scissors**
- **A small embroidery hoop**, any size 3-7" in diameter, I especially love my tiny 3" hoop!

## Additional optional supplies:

- A Hera marker to crease
- A needle threader